

Unit One

Read these quotations then answer the questions below.

;- "Athletics was part of the original Greek Olympics, and is now part of the modern Olympic games" From: sporting life

**A** - What is athletics?

**Athletics is an ancient sporting activity.**

**B** - In your opinion what is the most interesting athletic activity?

I think it is ( jumping – sprinting – discus .....etc )

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**A** - What is running very fast for a short period of time called?

**It is called sprinting.**

**B** - If you were to participate in the Olympics which activity would you choose?

I would choose ( jumping – sprinting – discus .....etc )

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**A** - What are the three throwing activities?

**They are javelin ,discus and shot put.**

**B** - Give advice to athletes who practise throwing.

**You should use soft equipment.**

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;- "Keeping fit is really important and it doesn't have to be difficult to keep fit"

**A** - Name some easy exercises that you can do to keep fit. From: Keeping Fit

**They are running , playing football and basket ball.**

**B** - In your opinion why is it important to keep fit?

**We should keep fit to be healthier.**

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**A** - *What are the three types of exercises?*

**They are aerobic ,resistance and stretching exercises**

**B** - *Compare the aerobic exercises to the resistance exercises.*

**Resistance exercises build your muscles while aerobic exercises are good for your heart and lungs.**

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**A** - *How many hours do you spend playing computer games?*

**I spend ..... hours a day.**

**B** - *What do you think is a good exercise session?*

**I think it is any exercise session that makes me fit.**

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**)-** *"The first Olympic Games began in 776 BC, over 2,700 years ago in ancient Greek"*

**From: The Olympic Games**

**A** - *How often does the Olympic Games take place?*

**It takes place every 4 years.**

**B** - *Would you like to represent your country in the Olympics? and why?*

**I hope so to make my country looks greater.**

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**A** - *What do the five rings on the Olympic flag represent?*

**They represent the five continents of the world.**

**B** - *Compare the colours of Kuwait flag to the Olympic flag?*

**There are no yellow or blue colours in the Kuwaiti flag.**

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**A** - What is the four-year period between two following Olympic Games called?

**It is called an Olympiad.**

**B** - What do you think the winter Olympic Games include?

**I think they include ice hockey ,skating and snow boarding**

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**A** . What does the athlete represent?

**He represents his country.**

**B** . Compare and contrast the games of the first Olympic Games and Modern Olympic Games.

	First Olympic	The Modern Olympic
Differences	<b>1. One event. 2. Few countries took part</b>	<b>1. Many events. 2. Many countries take part</b>
Similarities	<b>1. Take place every four years. 2. The runners carry the flame and light the big flame in the stadium.</b>	

*Unit two:*

1. "One day Huw was playing the harp while watching over the herd. To his astonishment, six silver cows rose out of the water" From :In the past

**A** - What is the harp used for?

**It is used for playing music.**

**B** - What do you think of Huw's mother?

**She is ( unkind – cruel- bad ..... etc)**

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**A** - What is your favourite musical instrument?

**My favourite musical instrument is the ( harp – piano – oud .....etc)**

**B** - In one sentence, comment on the view described in the quotation.

**It is (wonderful – great – inspiring .....etc)**

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2. "Kubbar Island is very small, but very pretty."

**A** - What can you do in Kubbar Island?

**I can walk along the beach.**

**B** - Would you like to live on an island? Why?

**Yes, I do / No, I don't because.....**

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**A** - *Where does the seagull live ?*

**It lives near the sea.**

**B** - *Compare between life on an island and in a town.*

	<i>Life on islands</i>	<i>Life in towns</i>
<i>Means of transport</i>		
<i>food</i>		
<i>Means of entertainment</i>		

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**A** - *How could you go to an island?*

**By a ferry.**

**B** - *If some tourists asked you about Kubbar Island, what would you tell them in a sentence?*

It is a ( wonderful – fantastic ) place.

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3. *"Kuwait is now famous for oil reserves, but it had another resource that formed the basis of Kuwait's wealth: pearls."* **From :an ancient culture**

**A** - *What is a pearl?*

**It's a small shiny ball-like gem formed in the shells of oyster.**

**B** - *Why do you think Kuwaiti people stopped pearl diving?*

**Because of the discovery of oil.**

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**A** - *What did old divers use to wear?*

**They used to wear a wraparound skirt or a black suit, a nose clip, a neck basket / a toe anchor.**

**B** - *What do you think the dangers of pearl diving in the past were?*

**Sharks                      lack of oxygen                      little food and drinks**

## Unit Three

- The Nazca lived about 2000 years ago, in the desert of Peru in South America. They drew long lines and made huge pictures on the ground.

From : Nazca

**A** - How did the Nazca people draw the pictures?

**They took the red sand from the surface to show the yellow rock beneath.**

**B** - In your opinion who are interested in the Nazca?

**They are the scientists, historians and the engineers.**

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2 - Deserts cover more than one third of the Earth's surface . We know that deserts are very dry places.

From : Deserts

**A** - What are the main types of deserts ?

**They are sandy ,rocky and frozen.**

**B** - How can animals adapt to survive in the desert in your own point of view?

**Some animals have special skin to protect them from the heat of the sun.**

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**A** - What is an oasis ?

**It is a place with water and trees in a desert.**

**B** - As a Kuwaiti citizen, where do you like to live in the desert or in a city? Why?

**I like to live in the desert to enjoy the nature.**

**A** - Why do some animals have extra fat under their skin?

**To survive in the cold weather.**

**B** - Compare between life in the desert and in a town.

	<i>Life in the desert</i>	<i>Life in towns</i>
<i>Means of transport</i>		
<i>food</i>		
<i>Means of entertainment</i>		

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## Unit Four

*‘Which country has the most lakes in the world? China? India? The USA?’*

**A** - *What is the most crowded city in the world?*

From :the most incredible places

**The most crowded city in the world is Tokyo.**

**B** - *Which country would you like to visit? Why?*

**I would like to visit ..... because it is a modern country.**

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**A** - *What is the longest river in the world?*

**The Nile river.**

**B** - *What is the fact which really surprised you in the lesson?*

**The Dead Sea surprised me most.**

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*‘Early in the 17<sup>th</sup> century, Sultan Ahmad the First's army lost a war. The sultan then turned to peaceful activities.’*

**A** - *How many minarets does the blue mosque have?*

**The mosque has six minarets.**

**B** - *Would you like to visit Istanbul? Why?*

**I would like to visit it because it has many tourist attractions.**

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**A** - *Why do people build minarets in the mosques?*

**A muezzin climbs to the top of the minaret and calls people to prayer.**

**B** - *What is the best tourist site in your country ?*

**It is ( Kuwait Towers – Liberation Tower ..... etc.)**



**A** - *Who built that mosque?*

**The Sultan Ahmed built that Mosque.**

**B** - *In your opinion, is it important to have big mosques? why?*

**I think it is very important to gather Muslims in prayers.**

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*The tomb of the young king Tutankhamen was discovered in 1922."*

From: *treasures*

**A** - *Name two more wonderful things in the world.*

**The Pyramids in Egypt**

**The temples in Failaka Island.**

**B** - *What do you think the most wonderful thing in your world is?*

**The most wonderful thing in my world is my home country.**

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**A** - *Who studies the human history through the physical remains ?*

**Archaeologists discover tombs and hoards**

**B** - *Which do you think is more wonderful old treasures or modern malls?*

**I think ..... is more wonderful.**

## Unit five

"Have you ever : ..... " From : " **Life Events**"

**B** - What is the best place you have ever visited?

It is .....

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"Welcome to my webpage on the Amberson family website ."

From : " **Experiences**"

**A** - What is a skyscraper?

It is a very tall building

**B** - What do you think the most important things to write about on your own webpage ?

I can write about myself – my family and my hobbies

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" Then she learnt that she had a disease that makes her muscles weak".

**A** - Name two sports that disabled people can play.

**Basketball** , **swimming**

**B** - Use your own words to say a sentence about Danielle.

**She's great, (or any reasonable answer).**

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**A** - *Name three well-known people.*

**Sheik Jaber**

**Sheik Subah**

**Ayoub Hussein .**

**B** - *How should we treat disabled people?*

**We should be kind with them**

**A** - *As a disabled athlete, mention the sport that Danielle has been playing ?*

**Wheelchair basket ball**

**B** - *What would you tell people about disabled athletes?*

*They are great people not to lose hope.*

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## Unit six

" The tajiri , or rich man , has enjoyed a hearty meal every evening for twenty years. The tajiri is extremely stingy .

From :How we live

**A.** Who is a tajiri?

**He is a very rich man.**

**B.** What do you think of stingy people?

**I don't like them at all**

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**A.** How can the rich help the poor ?

**The rich can help the poor through charity.**

**B.** Imagine that you are The tajiri , would you share your meals with the poor

?Why ?

**Of course, because our religion commanded us to do**

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:" Living in space is a bit like camping . "

From :Life in space

**A.** What do astronauts wear?

**They wear space suits, gloves and oxygen tanks.**

**B.** Compare and contrast between living in space and camping ?

**You have to take everything you need and you use special equipment.**

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**A.** *What should they do to eat food?*

**They use straps to keep their food on the table.**

**A.** *What do astronauts wear?*

**They wear space suits.**

**B.** *Do you like to live in space? Why?*

**Yes, I do / No, I don't because .....**

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**A.** *Why are spacesuits white?*

**They are white so that astronauts are visible in space**

**B.** *Would you like to be an astronaut? why? or why not?*

**Yes, I do / No, I don't because .....**

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**B.** *Do you like to live in space? Why? Why not?*

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